



# Trustees of the Southern Interior Health & Welfare Plan

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## CANADA RECOVERY SICKNESS BENEFIT

The Canada Recovery Sickness Benefit (CRSB) gives income support to employed and self-employed individuals who are unable to work because they are sick or need to self-isolate due to COVID-19 or have an underlying health condition that puts them at greater risk of getting COVID-19. The CRSB is administered by the Canada Revenue Agency (CRA).

If you are eligible for the CRSB, you can receive \$500 (\$450 after taxes withheld) for a one week period. If your situation continues past one week, you will need to apply again.

You may apply up to a total of two weeks between **September 27, 2020 and September 25, 2021**.

You may apply for the Canada Recovery Sickness Benefit even if you have access to other paid sick leave through your employer, the Employment Insurance program, private insurance or another source. However, you may not claim the Canada Recovery Sickness Benefit for the same period in which you are receiving any EI benefits or another form of paid leave.

### ELIGIBILITY CRITERIA

To be eligible for the CRSB, you must meet all the following conditions for the 1-week period you're applying for:

- You are unable to work **at least 50%** of your scheduled work week because you're self-isolating for one of the following reasons:
  - You are sick with COVID-19 or may have COVID-19
  - You are advised to self-isolate due to COVID-19
  - You have an underlying health condition that puts you at greater risk of getting COVID-19.
- You **did not apply for or receive** any of the following for the same period:
  - Canada Recovery Benefit (CRB)
  - Canada Recovery Caregiving Benefit (CRCB)
  - short-term disability benefits
  - workers' compensation benefits
  - Employment Insurance (EI) benefits
  - Québec Parental Insurance Plan (QPIP) benefits

Additional criteria includes: You reside in Canada, you were present in Canada, you are at least 15 years old, you have a valid Social Insurance Number (SIN), you earned at least \$5,000 in 2019, 2020, or in the 12 months before the date you apply, and you are not receiving paid leave from your employer for the same period.

For more information, please visit:

<https://www.canada.ca/en/revenue-agency/services/benefits/recovery-sickness-benefit.html>